



Roots & Tales NATURE PROGRAM



Dedicated Staff: Our team, with backgrounds in mental health, ensures individualized support for every child.

FOR ALL KIDS WITH DIFFERENT NEEDS AND SKILLS

Program Features

- Integrating Therapy and Nature for Developmental Growth
- From 3 to 15 years old
- OAP Eligible
- All year long-Daily and Weekly options available
- 9 AM to 3 PM(Summer Camp) & 4:00 PM to 7:30 PM(After School)

Focus Areas:

- Language development
- Socialization
- Play Development
- Self-care Independence
- Gross Motor Skills
- Self-Regulation and Behavior Modification

Drop off\Pick up: 9040 Leslie St, Richmond Hill
kids will be traveling by car to farm

Butterflies

Ages 4-7

Butterflies are super creative and love to have a blast! Get ready to make awesome crafts, dive into exciting stories, play fun games, and explore every corner of Nature with us!



Squirrels

Ages 7-10

Squirrels are buzzing with energy and curiosity! Join in as we play nature games, create amazing crafts from nature's treasures, embark on thrilling scavenger hunts, and make heaps of new friends along the way!



Raccoons

Ages 10-15

Raccoons are natural explorers! Adventurous campers will dive into the wonders of the outdoors, unraveling the secrets of the Nature diverse ecosystem. From tracking wildlife to identifying plants, there's endless fun and learning awaiting them on every trail.

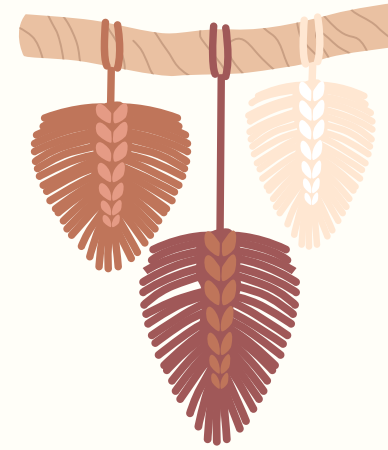


Nature Walks and Exploration

Embark on guided nature walks through forests, meadows, and pond sides to spark children's curiosity and interaction with the natural world. Alongside, encounter sensory stations featuring textures, scents, and sounds of nature, from smooth river rocks to fragrant flowers and tranquil wind chimes.



What do we have?

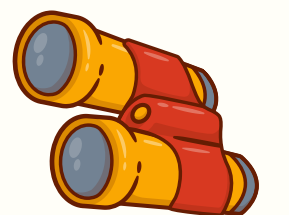


Nature Art and Craft

We encourage inclusive art sessions where children share their nature stories while creating artwork. We adapt activities for diverse abilities and provide tools for full engagement. Using natural materials, like leaves and stones, we inspire creativity and nurture a love for the environment.

Bird Watching Scavenger Hunt:

Provide an inclusive scavenger hunt experience by creating a visual guidebook featuring colorful illustrations and simplified instructions for observing specific bird species and behaviors. Include diverse challenges like counting birds, mimicking bird calls, and sketching, catering to various interests and sensory preferences.



Mindfulness and Meditation



GARDENING

Let's get the little ones involved in some fun gardening projects! They can roll up their sleeves and plant their very own veggies or flowers, taking care of them every step of the way. We'll teach them cool stuff like composting, recycling, and saving water, so they can feel like eco-heroes while they watch their plants grow.



NATURE JOURNALING

Let's equip each child with their own nature journal to record observations, thoughts, and feelings during outdoor adventures, fostering reflection and connection with the natural world. We'll encourage them to sketch plants, animals, and landscapes, and to write about their experiences, nurturing their appreciation for nature and enriching their outdoor exploration.



Who will run the Program?



\$549+HST: 5-day week
\$350+HST: 3-day week
\$125+HST: Daily

10% OFF IF YOU SIGN UP FOR 8 WEEKS

Daily and Weekly options available

OAP ELIGIBLE PROGRAM

Space is limited, and enrollment is on a first-come, first-served basis. If you're interested, please RSVP promptly. To register and receive further details, reach out to the clinic admin via the contact number or email provided below.

Maryam Soltanzadeh

- **Registered Psychotherapist(Qualifying)**
- **+4 Years of experience of working with children special needs**

Masoud Ahmadi

- **Master of Educational psychology**
- **+6 Years of experience of working with children as a therapist and facilitator in nature settings**



289-316-2556-CALL ONLY



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